





Room temperature



CATEGORY

Bakery



Knäckebröd

MULTISEED PREBIOTIC SWEDISH "KNÄCKEBRÖD"

INGREDIENTS

Group 1

 Ingredient
 KG

 Water
 1.000

 Bakels Multiseed Prebiotic
 1.000

 Wheat flour
 1.000

 Bakels Lecimax Low
 0.020

 Bakels Lecisoft Master
 0.020

 Bakels Dry Yeast
 0.020

 Total Weight: 3.060

METHOD

Mixing time: 5+10 minutes.
Water temperature: about 20°C.

When the dough sticks to the hook, it is ready.

Resting time: 10 minutes.

Roll out to 1 mm and nibble the dough.

Place on perforated sheets. Oven temperature: 140°C. Baking temperature: 140°C.

Baking time: 45 minutes. Note! With open damper.