





Room temperature



CATEGORY

Bakery



Bread

MULTISEED PREBIOTIC BREAD

INGREDIENTS

Group 1

Ingredient	KG
Water	1.000
Bakels Multiseed Prebiotic	1.000
Wheat flour	0.900
Bakels Lecimax Low	0.020
Bakels Lecisoft Master	0.020
Bakels Dry Yeast	0.020
Black syrup	0.300
Extra-ground coarse rye flour	0.400
	Total Weight: 3.660

METHOD





Mixing time: 5 minutes on slow speed, 10- minutes on high speed.

Dough temperature: 26-28°C. Resting time: 20 minutes. Dough weight 350g baking tin.

Proving time: (37°C 78% moisture) 90 minutes.

Starting temperature: 230°C.

Steam: 7-8 seconds.
Baking temperature: 190°C
Baking time: 25minutes.