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VALENTINE'S GLAZED HEART

INGREDIENTS

Group Pastry	
Ingredient	KG
Egg	0.800
Water	0.400
Rapeseed oil	0.500
Sugar	0.700
Bakels Silky Cake PF	0.360
Wheat flour	0.650
Aromatic Natural Citrus	0.050
	Total Weight: 3.460
Group Mousse	
Ingredient	KG
Bakels Fond Royale Vegan	0.200

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 Water
 0.500

 Whipped cream
 0.250

 Bakels Truffle White
 0.150

 Total Weight: 1.100



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Group Garnish

Ingredient	KG
Bakels Les Fruits Raspberry	-
Superglaze Neutral	0.300
Aromatic Strawberry Flavour	0.050
Aromatic Colour Red	0.010
	Total Weight: 0.360

METHOD

Pastry

- 1. Mix all ingredients in a pot with a wing for 1 minute on setting 1.
- 2. Scrape down the edges and mix for about 6 minutes on setting 2.
- 3. Fill a mold (about 1000 grams) and bake at 180 degrees for about 40 minutes.
- 4. Cut out small heart shapes.

Mousse

- 1. Whip Vegan Royal Custard with water and add melted white truffle.
- 2. Whip cream lightly and mix with the mixture.

Garnish

- 1. Fill heart-shaped molds with mousse in the middle.
- 2. Pipe raspberry jam in the centre. Then pipe the mousse up to the edge and place it on the bottom.
- 3. Heat up Super Glaze with strawberry flavour and a little Aromatic red colour to 45-55 degrees.
- 4. Dip the pastry in the glaze and decorate as desired.