



## CHIA AND OAT

### OVERVIEW

A bread concentrate with the super-seeded chia and oats. Also contains graham flour, barley flakes and flax seeds.

### INGREDIENTS

oat meal, whole meal flour (WHEAT), sugar, barley flakes, flax seed, salt, chia seed, dried WHEAT sourdough, WHEAT flour, WHEAT GLUTEN, ascorbic acid (E300), enzymes

### PACKAGING

Code	Size	Type	Palletisation
399111	20 kg	Bag	30x20kg

NUTRITIONAL INFORMATION

Type	Value
Energy (kcal)	1,500.00
Energy (kcal)	350.00
Fat (g)	6.50
Carbohydrate (g)	56.00
of which saccharides (g)	17.00
Fibre (g)	10.00
Protein (g)	12.00
Sodium (g)	2.00
Salt (g)	4.75

METHOD

Group 1		
Ingredient	KG	%
Wheat flour	1,100.000	65.00
Water	1,060.000	62.00
Bakels Chia and Oat Base	600.000	35.00
Bakels Dry Yeast	30.000	1.70

Total Weight: 2,790.000



SHELF LIFE

240 days



TYPE

Powder



ALLERGENS

Gluten (oats, wheat, barley)



CATEGORY

Bread Mixes & Concentrates



FINISHED PRODUCT

Bread



BRANDS

Bakels



FUNCTION

Efficiency